

What is Breakout?

Breakout Youth is a project for young people in Hampshire aged 11 to 21 (up to 25 if additional needs are identified) who identify as lesbian, gay, bisexual, transsexual, transgender (LGBT) or unsure of their gender or sexual identity. Breakout offers confidential one to one support and weekly social groups that meet at safe locations in Southampton, Basingstoke, Eastleigh and Isle of Wight.

Highlights of 2014/15

In September 2014 we were successful in securing the contract as part of the Isle of Wight Council Youth Offer to provide a bi-weekly service to the LGBT young people living on the Isle of Wight. The new service aimed to follow the same successful model already in place across Hampshire. The group began in January with a break from April to July whilst a new group leader and volunteers were recruited.

In the summer of 2014, Breakout were delighted to be chosen by Southampton Gay Men's Chorus 'SGMC' as their charity for the year. This partnership got off to a great start with a concert held at the Hub Theatre in Southampton for our benefit where the SGMC performed with the Brighton Gay Men's Chorus.

Both Brighton Choir & Southampton Choir nominated us their charity of the year. They jointly arranged a cinema night in October 2014 in Winchester which was free to go to, where they raised money for Breakout. It was a good night with some volunteers and Trustees able to attend. They continue to do great things for us. We are really appreciative of their support and raising awareness of Breakout.

Looking forward

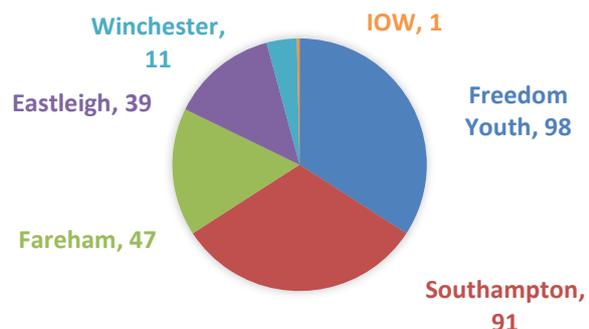
Recruiting four more Trustees for the board to build on the present successful Management Committee.

Promotion of the IOW group as it begins again and reach more young people across the Island and become an integral part of the Youth Offer through attending IOW young People events such as the SNAP disco.

Young people say that Breakout Youth is...

- Helpful
- Somewhere to be me
- Good fun
- Safe Place to be
- Relaxing

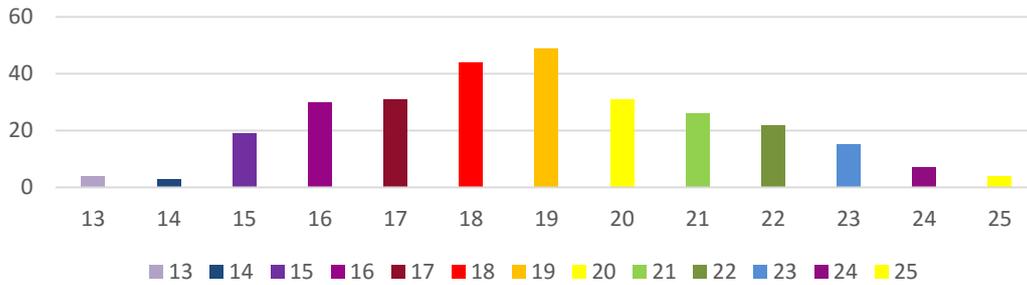
GROUPS ACCESSED BY YOUNG PEOPLE



Our staff and volunteers

Our wonderful admin worker successfully completed her 12 month apprenticeship, we look forward to welcoming another apprentice soon.
We constantly have adverts placed across Hampshire to recruit new volunteers to the Breakout team. There were many staff changes towards the end of the period with all paid staff moving on to different roles for various positive reasons and we are very grateful for their dedication and commitment to Breakout and wish them all well.

Ages across all groups



Reading Pride

In August members from across all four groups were supported by staff and volunteers to attend Reading Pride. It was the first time some of the young people had been able to visit such an event. It proved to be a magnificently colourful and family friendly affair and the young people were proudly able to walk in the parade displaying their own flags made by them within their groups.

Park Sport

We attended 4 Park Sport Events during the school summer break in the Eastleigh district.

Breakout's Got Talent

We ran a talent competition across all the groups which captured everyone's imagination and following the heats in the groups culminated in a fabulous final at Eastleigh where everyone got together to watch the six finalists.

Feedback from Young People

"Breakout is a place where I feel safe, I can be myself and I find it calming because a weight has been lifted"

"Hello there, firstly i would like to say thank you for providing us young people in the LGBT community with a safe, happy and friendly environment for us to attend to every week. I have become extremely fond of breakout in the time i have spent at breakout so far and have found it extremely useful, especially when i have had a tough week. Breakout never fails to bring me back up again".

